

VOLUNTEER BULLETIN



INSPIRING VOLUNTEERS AND EFFECTIVELY CONNECTING THEM WITH THE NEEDS OF OUR COMMUNITY

What's Inside

Program Updates

Page 3

Youth Programs

Page 4

Volunteer Spotlight

Page 5

Volunteer Opportunities

Page 6

Calendar of Events

Page 7

Let's Connect



@flinthillsvolunteercenter



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Veterans Day Schedule of Events

Monday, November 11,

7:00 am—9 am: Veterans Breakfast

American Legion Hall, Post 17, 114 McCall Road

Free to all veterans

9:30 am: Veterans Day Honor Parade

Parade starts at Manhattan Town Center with a review of participants in front of City Hall and ends at 14th Street.

11:00 am: Commemorative Program

Peace Memorial Auditorium

Exhibits: Manhattan Town Center & Riley County Seniors Center

6:00 pm: Veterans Day Recognition Banquet

American Legion Hall, Post 17, 114 McCall Road

We would personally like to invite the public to attend the Commemorative Parade and Program. This is a great program to honor our veterans. Entertainment, Poster/Essay Contest winners will be announced.

NOTES FROM OUR EXECUTIVE DIRECTOR



Lori Bishop
Executive Director

Greetings Volunteers,

Happy Fall! This is my favorite time of year and I'm hoping Mother Nature doesn't take us right into winter!

The annual Veterans Day parade will be November 11th. Our Senior Corps RSVP volunteers are instrumental in the planning and organizing of this event. Each year, I witness these men and women spending months, and many hours, to pay tribute to our Armed Forces. This year they will be honoring our World War II veterans, which will include some of our volunteers! Special thanks to Mike Kearns, John Allard, Tom Fryer, Sue Simmons, Dave Ekart, Jim Bartlett, and Earl Baugher.

I would personally like to invite you to attend the indoor ceremony on November 11th immediately following the parade at 11:00 am, inside Peace Memorial (City Hall). We host the annual poster and essay contests and I want to extend a special thanks to our volunteers for the tough job of selecting the winners.

To all of you who have served our great country – THANK YOU for your service!

We are needing volunteers to step up and help in one of our three new initiatives: Suicide Prevention, Opioid Epidemic, and Elder Justice. There are many opportunities to help in each of these. Contact Amanda for more information. If you live in Junction City, contact Karen.

We have been blessed to have an amazing K-State student intern with us for the fall semester. Kelly Theodore will be graduating in December and moving on to great opportunities. We really appreciate her hard work. We are all going to miss her engaging smile and silly banter. Best wishes Kelly...we're going to miss you!

I travel a lot with my job and have not gone on a vacation in over five years. This year I will be spending a week in Cheyenne, Wyoming with my son and family for Thanksgiving. I can't wait!

For those that know me well, Christmas is my favorite holiday! I will be taking some much-needed time off in December to relax and spend time with my grandchildren. I hope you all have a joyous Thanksgiving and Christmas. Reach out to a neighbor or friend during this time who might not have a support system.

Thank you, VOLUNTEERS, for all you do!

Lori

The Flint Hills Volunteer Center would like to extend a warm welcome to our new volunteers!

Gloria Adkins, Ahmed Bacim Alali, Alfred Benesch & Company, Melvin Allen, Abdulaziz Alruwaili, Sheri Appel, Kirbi Austin, Liz Bahner, Teresa Balderrama, Tanner Bennet, Julie Benyshek, Barbara Berg, Cordell Blankenship, Christy Boyer, Kennady Bustamante, Carson Camp, Daniel Campos, Inkyung Cha, Eric Cheng, Antianna Church, Natalie Clark, Ronda Cook, Michelle Cox, Custom Wood Products, Derek Davidson, Marjorie Davis, Webb Davis, Delta Upsilon, Elaine Dhuyvetter, Maggie Dinneen, Loveta Dowell, Sammy Draper, Ashley Eck, Melissa Filby-Walsh, Lillian Flint, Trenton Fulton, Laura Gillum, Alexandra Gonzales, Deanna Hall, , Jennie Heck, Vanessa Heit, Taylor Herman, Addison Hervey, Liz Hildreth, Chrischella Hill-Claude, Roberta Horner, Ronny Im, Edna Jackson, Tracey Johnson, Jennifer Jones, Taya Josenberger, Laura Kaempfe, Al Keithley, Mary Keithley, Carol Kelley, Deanna Killen, Alexandra Klaudt, Mary Krantz, Paul Kruse, Ardyce Kuhn, Cindy Lane, Cindy Lang, Ida Lee, Taylor LeMay, Shelby Lolley, Sally Lopez, Melissa Loughlin, Josh Lynn, Chuck Marr, Anthony Marshall, Judy Medlock, Jackelyn Meganck, Tabitha Moede, Azariah Montalvo, Kari Morgan, Aimee Newman, Haley Nichols, Natassja Norwood, Kinsley Ochsner, Marcia Ortmann, Edgar Patino, Leah Peterson, Gregory Platt, Erinn Resseguie, Gina Reyes, Alyssa Roberts, Khadijah Robinson, Madeline Rogers, Erin Ruby, Linda Ruzicka, Anna Sandoval, Dave Schaffer, Kiefer Schmidt, Dustin Schoeck, Austin Schroeder, Paige Schultz, Jennifer Schvartzman, Kathy Schwartz, Jaylyn Self, Rachel Severt, Lita Sheffield, Sigma Alpha Lambda, Lauren Simmons, Bridget Snow, Ashlyn Stevenson, Lois Strauss, Frank Sullivan, Regina Sullivan, Nina Tancabelic, Chuck Tannehill, Patrick Taylor, Thrive!, Janice Tidball, Carolyn Tolliver-Lee, Lois Ussary, Kristyn Utech, Camrie Wagner, Allen Walter, Tana Warner, Janet Watson, Justin Whitmer, Natalie Williams, John Winkler, Bill Witt, Henry Witt, Jon Wright, Youth Group - Islamic Center of Manhatta, Qiling (Elaine) Zeng

NOTES FROM KAREN, JUNCTION CITY RSVP:

As the weather begins to cool, Senior Corps RSVP activity is warming up in Junction City. We welcomed several new volunteers, including residents at Valley View Estates. These volunteers have begun baking cookies to start the first Junction City cookie brigade for Fort Riley USO. Our volunteers share stories about their connections to the military, or Fort Riley, as they package the cookies and socialize with fellow residents. Senior Corps RSVP volunteer and Valley View Estates resident, Lois Strauss, has joined us with freshly baked cookies for the past two months. These cookies and others provided have been packaged on the 3rd Tuesday of the month and then are delivered at the start of lunch at the USO. These small batches of cookies are given out as a special treat to the active duty soldiers who come in for lunch.

The Junction City office is also excited for future programs currently in development with our newest community partners at the Episcopal Church of the Covenant. We have been brainstorming ideas with Mother Doreen Rice and look forward to more cookies, volunteer opportunities, and community building through our Senior Corps RSVP programs and initiatives. If you are in Junction City, please contact us to get involved!

We have been actively visiting with other nonprofit agencies in Junction City and look forward to building our network.

**VOLUNTEERS PACKAGING COOKIES AT THE COOKIE BRIGADE
HELD AT VALLEY VIEW NURSING HOME**



PROGRAM UPDATES

NOTES FROM AMANDA:

I can't believe fall is here, although it doesn't seem like it sometimes! Hopefully it lasts for a little while before the cold weather and snow kick in! It's been crazy around the office lately as we have a few things coming up in the next few weeks! We are swamped but thankful for the opportunities we have coming up including the activities for Veterans Day (join us at the parade on the 11th!), the Festival of Tress Gala on November 22nd, and our newest partnership with the Department of Agriculture and their From the Land of Kansas program.

As we are gearing up for Thanksgiving, I just want to take this time to let all of you know how thankful I am to be part of such a wonderful program and more blessed to work with caring, selfless and ready to help volunteers like you. I've enjoyed getting to know you throughout the year and I'm so but know I appreciate all your hard work, efforts and dedication not only to the program but to the people you help every day. It is such a wonderful community to belong to! It has been a wonderful year! THANK YOU!

YOUTH SERVICES PROGRAMS

YOUTH VOLUNTEER CORPS

The Youth Volunteer Corps has had a fantastic start to the new program year, which began September first. In less than two months, twenty volunteers have earned more than 300 hours of service! This is almost three times as many hours as had been earned by this point last year. YVC Youth have been working in Manhattan and the surrounding communities, volunteering with events like the Sunset Zoo's SPOOKtacular, the Flint Hills Discovery Center's Community Day, Wamego's OZtoberfest, and the Wildwood Adventure Run. YVC also held a pet supplies drive at Petco, collecting items for the Riley County Humane Society.

On October 11 and 12, eight Youth attended the International Youth Leadership Summit in Kansas City, Missouri. At Summit, 90 Youth from across the U.S. and Canada came



MEMBERS IN ATTENDANCE AT THE
YVC SUMMIT IN OCTOBER

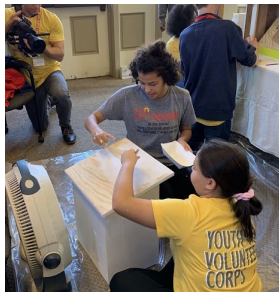


YOUTH AWARDED THE 100 IN 1 AWARD

together for workshops and service projects. Youth learned about leadership, inclusion, personal strengths and goal setting, and mental health resources. On Friday, Youth spent the afternoon completing a service at one of three nonprofits, Community Housing of Wyandotte Co, Splitlog Farm, and Tall Oaks Camp. There, Youth were able to build shelves, tables, and library boxes. On Saturday, Youth traveled to emPowerU and spent the day working in teams to find a solution for a current, complex, real world challenge, which they then presented to the emPowerU Council. That night, 6 youth received the "100-in-One" Award for completing 100 hours of service in one year. Congratulations to Aiyanna, Carizma, Ianni, Jeremiah, Jarrell, and Victor!

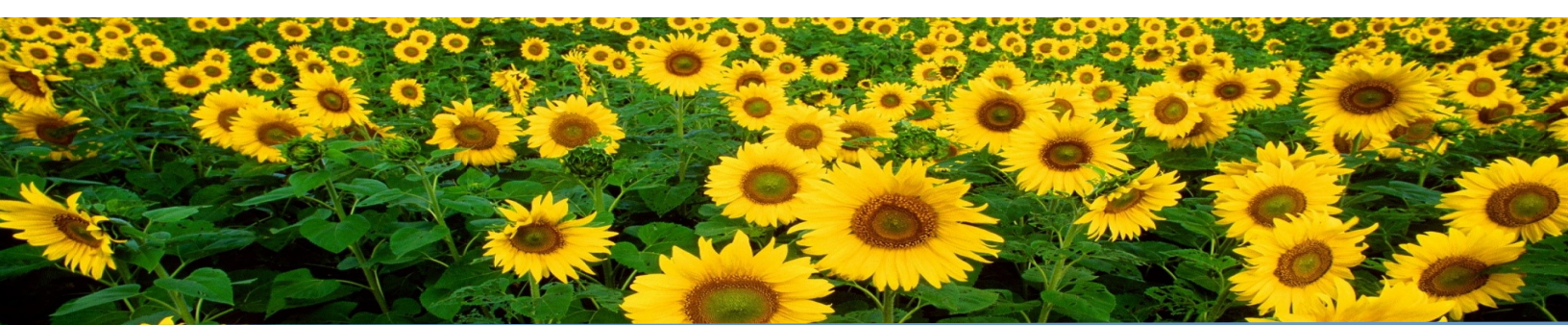
Last month, YVC's Youth Advisory Board held their first meeting. This leadership board is comprised of five high school members of YVC who work to develop our program. The Youth Advisory Board (YAB) allows young leaders to focus in on and practice different skills. This year, YAB's goals are to plan a fundraiser and at least one community service project on their own, while also increasing youth engagement and school recruitment.

BUILDING
LIBRARY
BOXES AT
SUMMIT



SCHOOLS OF HOPE

Wow! This semester has just flown by. We started placing volunteers in the elementary schools in last September-early October and still have many kids in need. PLEASE, PLEASE, PLEASE let me know if you are interested in working with a student this year. Due to tight scheduling within the classroom, more flexibility is needed among our volunteers. Please reach out if you are available at least 2 days per week in the early mornings (of the school day). We'd love to match you with a student to make a world of difference!



GETTING TO KNOW... OUR VOLUNTEERS

When Donna Wilkins was told by her doctor that she needed to cut back on work, she found herself leaving her job with the Social Security Administration to volunteer with the Flint Hills Volunteer Center as a member of the Senior Corps RSVP program. Donna wanted to stay busy, after all, she knew nothing different. She had been busy for the previous 32 years, 20 of them serving as a Non-Commissioned Officer in the United States Air Force.

Donna finds happiness in serving others. While in the Air Force she served as a Personnel NCO, working at several duty stations including an ROTC assignment at K-State, and at the National Airborne Operations Center (NAOC) where she was the first female Personnel NCO, setting a precedent for those to fill the position in the future. Donna describes herself as “quiet” and “friendly” and joked about how she was often referred to as SGT Mom while still serving in the Air Force. You can see that it is a trait she takes pride in, her ability to connect and provide a calm helpful hand extended to others in everything she does.

As a Senior Corps RSVP volunteer, Donna often delivers meals for Meals on Wheels and is happy to give back and to help others with simple things in their lives, the things others take for granted. She says it's the small things, like opening a jar or delivering a warm meal that helps others that she enjoys most. Donna also volunteers as an usher at McCain Auditorium, the USO Homecoming and the Jingle Bell Bash where her husband plays Santa. She says if you are thinking about volunteering, “Just do it!” She's had so much fun that she wants others to find that same gift of giving

back. Donna also says she has seen how much of a need there is in the area and she knows that more volunteers can continue to make a greater impact on the community.

When she isn't volunteering, Donna is card making, taking that attention to detail military mind set and putting it into small special works of art to make others smile. She also teaches others to make cards through UFM in Manhattan and Hobby Haven in Junction City. Most of all, Donna enjoys spending time with her husband, her 2 sons and their families including her 3 grandkids.



Dated Volunteer Opportunities for November—December

Tuesday, November 5 — Area Agency on Aging Caregivers mailing. Volunteers needed to insert, fold, seal and address the newsletters. 9 AM to 11:30 AM at 401 Houston Street.

Tuesday, November 5—Set up Veterans Day display at Riley Co. Senior Center. Volunteers are needed between 8:30—11 am for setup.

Thursday, November 7 -Cookie Brigade. You can drop off cookies anytime Wednesday through Thursday at 1 PM and we will package them to take to the Fort Riley USO on Thursday at 2 PM. **Packaging will occur at the Riley County Senior Center.** We would love for you to join us!

Friday, November 8 — Welcome Packet Stuffing for the Chamber of Commerce. Volunteers needed to place items into bag and boxing them up. 1:30 PM to 3:30 PM at 501 Poyntz.

Saturday, November 9—Annual Buddy Poppy drive for the local VFW—8 AM to 4 PM. This event is held every year by almost every VFW Post in the world. It is to raise money for each VFW Post for the Post relief fund. The Post Relief Fund is assist Veterans in time of need. Volunteers are needed at Dillon's West, Dillon's East, Hy-Vee, and Wal-Mart.

Tuesday, November 12—Tear down Veterans Day display at Riley Co. Senior Center. Volunteers are needed between 12:30—3 pm for tear down.

Tuesday, December 3 —Area Agency on Aging Caregivers mailing. Volunteers needed to insert, fold, seal and address the newsletters. 9 AM to 11:30 AM at 401 Houston Street.

Thursday, December 5 -Cookie Brigade. You can drop off cookies anytime Wednesday through Thursday at 1 PM and we will package them to take to the Fort Riley USO on Thursday at 2 PM. **Packaging will occur at the Riley County Senior Center.** We would love for you to join us!

Friday, December 6—Mayor's Lighted Holiday Parade—5 to 8 PM. Volunteers needed along the barriers at each intersection along the parade route.

VOLUNTEER OPPORTUNITIES

On - Going Volunteer Opportunities

Schools of Hope — Volunteers are needed to provide one-on-one mentoring to increase literacy. Volunteers work with a student one-on-one, becoming a part of their improvement, and helping to celebrate their success. Requirements include: one school year commitment to your student (Sept.-May), attend required orientation/training, tutor twice a week for 30 minute sessions, and the completion of a successful background check.

Cookie Brigade — Typically the 1st & 3rd Thursday of each month— 1 PM at the Flint Hills Volunteer Center. 2601 Anderson Ave. Suite 200

Caregiver Mailings— Every 1st Tuesday of each month (except on a Holiday) — 9 Am-12 PM; 401 Houston St., Manhattan

Youth Volunteer Corps — Seeking more volunteers to be Team Leaders. Team Leaders are assigned a group of kids (ages 11-18) to work on special projects. Please contact the office for more information.

Transportation Driver Volunteers needed — We are in need of more transportation volunteers to take seniors to their medical appointments. Volunteers are able to work around their own schedules.

Outreach Volunteer—The Flint Hills Volunteer Center is seeking volunteers to help implement our new community initiatives: Suicide Prevention and Elder Justice. We are looking for volunteers to help at suicide prevention training classes and learn the curriculum for Yellow Ribbon Suicide Prevention and Money Smart for Older Adults to teach trainings within the community.

Friendship Meal Delivery— Drivers are needed. Please contact us if you're available to help.



Please remember to ALWAYS wear your nametag or volunteer shirt when you're out on a volunteer assignment! If you do not have a name tag, please contact me and I can have one ready for you! Also, when volunteering for an organization especially ones that are on the weekly volunteer opportunities, please ALWAYS make a reference and say you are part of the Flint Hills Volunteer Center. We don't have much marketing around the area and that would help us promote the Volunteer Center tremendously!



Contact Amanda @ 776-7787 or info@flinthillsvolunteercenter.com if you're interested in any of these opportunities!

CALENDAR OF EVENTS

NOVEMBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	
3	4	5 Caregivers	6	7 Cookie Brigade @ the Senior Center	8	9
10	11  Office Closed	12	13	14	15	16
17	18	19	20	21	22 	23
24	25	26	27	28  Office Closed	29 Office Closed	30

DECEMBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Caregivers	4	5 Cookie Brigade @ the Senior Center	6 Mayor's Lighted Holiday Parade	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23 Office Closed	24 Office Closed	25  Office Closed	26 Office Closed	27 Office Closed	28
29	30 Office Closed	31  Office Closed	1 Office Closed	2	3	4

FLINT HILLS VOLUNTEER CENTER

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Corporation for National and Community Service, Kansas Volunteer Commission, YES! Fund, Konza United Way, Kansas State Pi Beta Phi, Riley County Council on Aging, Greater Manhattan Community Foundation, Caroline Peine Foundation, Kansas Health Foundation

	
<p>Friday, November 22 6 - 10 PM</p> <p>Manhattan Conference Center 410 S 3rd St, Manhattan</p> <p>Purchase tickets at: www.flinthillsvolunteercenter.com/festival-trees/</p>	