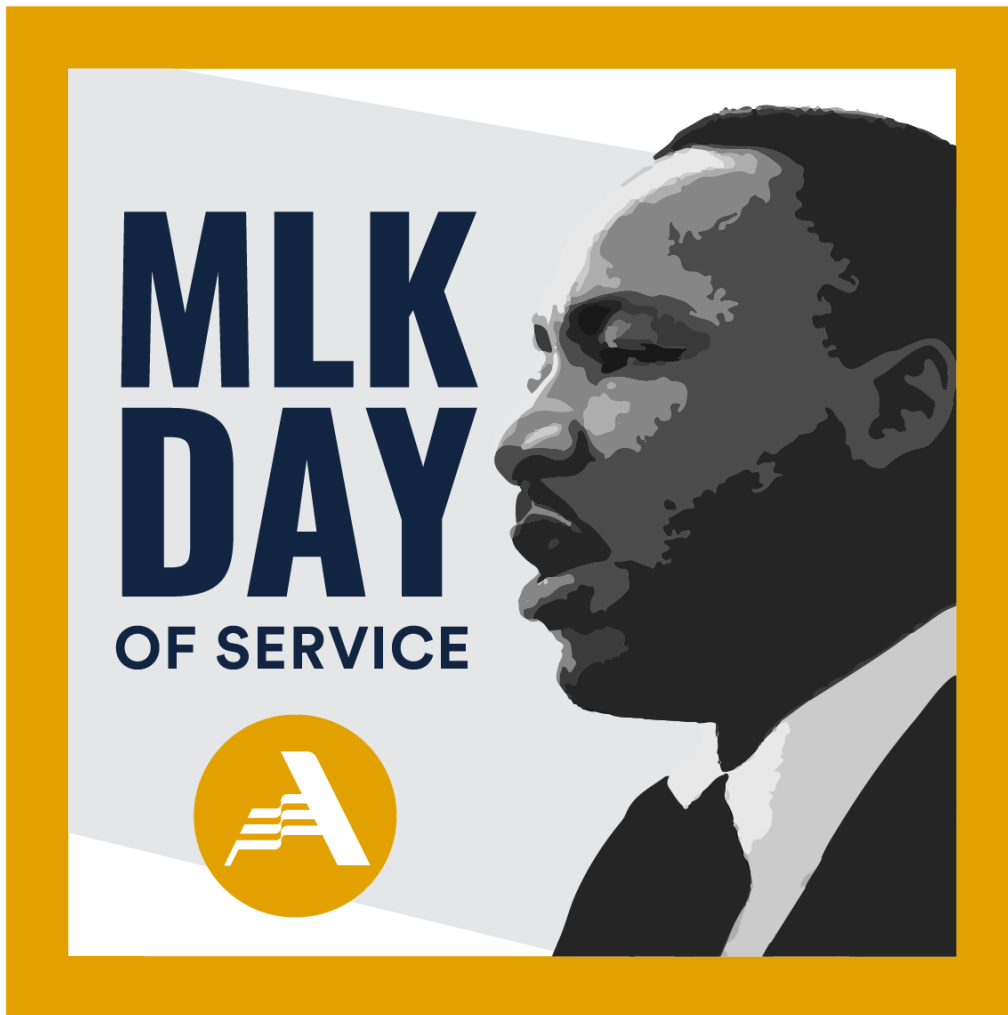


THE FHVC VOLUNTEER BULLETIN



January 18, 2021

2021 is the 26th anniversary of the MLK Day of Service observance.

Make MLK Day a Day ON, not a Day Off!

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@flinthillsvolunteercenter



@flinthillsvc

From Lori's Desk

Happy New Year!

2020 brought so many challenges and uncertainty. For the first time in my 35+ year career, I had to say the word no. I've spent my life helping other people and then all of a sudden, we had to think how to operate in an environment during a national pandemic. Our office closed for 6 weeks as staff worked from home. We had to stop our medical transportation program for the safety of our volunteers and the clients. Four staff members moved on to other opportunities which just left Karen and I holding down the fort. Meetings were held via Zoom. For the first time in nearly 20 years, the Festival of Trees auction was virtual. I could go on and on.

What did we do? We stepped up to the challenge. We provided care packages to 35 of our AmeriCorps Senior volunteers over the age of 80. We provided 65 germ kits to the Raising Riley children, ages 3-5. We handed out over 2,300 face masks to 21 nonprofit agencies and 562 community members. We provided sanitation kits to our medical transportation volunteers.

With the support of so many businesses and community members, our Festival of Trees virtual auction was a huge success!

How did we do this? We did this because of YOU, our volunteers! We enrolled over 400 new volunteers in 2020, with over 300 alone during the pandemic. Many of you helped to keep our Harvesters, Bloodmobile, and Friendship Meals operating. Many of you stepped up to help the Riley County Health Department with the weekly COVID testing. I'm so proud to live in a community where people will volunteer because they too love their community. Thank you all for being a part of our Flint Hills Volunteer Center!

The annual Veterans Day Parade was a success. So many precautions were in place to make it a safe event. We were extremely proud to witness our two AmeriCorps Senior volunteers, Ray Thompson and Earl Baugher, lead the parade as our Grand Marshals.

Now we move on to 2021. Our office will continue to adhere to the rules set by the City of Manhattan, Riley County Health Department, and the state of Kansas. Masks are required to enter our office. We are still going to do our best to meet the needs of our community. We are all ready for this pandemic to be over, but until then, stay safe and stay healthy!

Lori



**Lori Bishop,
Executive Director**

*Life's most
persistent and
urgent question is
"What are you
doing for others?"*

*Martin Luther
King, Jr*

Coordinator Updates

How are we headed into a new year already- wasn't I just helping with the Father-Daughter Dance last week!? To say it has been a blur of a year doesn't quite sum it up correctly. I started the year in Junction City where I continued to work with the Geary County and Fort Riley community. A few opportunity windows opened at the cusp of the pandemic that led me to a full time role that was intended to be in both Junction City and Manhattan. Just a few months later, the pandemic forced us to close down the Junction City satellite office and we were given the opportunity to give my job yet another revamp!

I have embraced the changes and challenges that COVID has brought to my life and my work. I am one of the lucky few who "doesn't work a day in her life" because I am fortunate to have found my happy place with the Flint Hills Volunteer Center. Here's to a happy and healthy 2021!

Patty Karr is the new Volunteer Coordinator for FHVC. For the past ten years she worked in higher education as a Student Success Advocate at Johnson County Community College and then continued as Student Services Assistant at Kansas State University. Patty has her Bachelor of Science in Elementary Education from Kansas State University and her Masters in Liberal Arts from Baker University.

Patty and her husband moved back to their alma mater in Manhattan three years ago. They love checking "must do" K-State and Manhattan events off their Bucket List such as floating in the Little Apple Glow Paddle and serving at the annual Manhattan Christmas Dinner. Patty joined the Konza Rotary Club this year, and enjoys volunteering her service and time within the community. They also love traveling back to Kansas City to visit their three children, one daughter-in-law, and one grandson. At home, they have two dogs that help them explore the trails around Manhattan.



**Karen Paulus,
Program Services
Coordinator**



**Patty Karr,
Volunteer
Coordinator**

Volunteer Opportunities:

Harvesters

Cookie Brigade

Face Mask Sewing

Golden Prairie Farm

Common Table

Toys for Animal Shelter

Nursing Home Pen Pals

YouTube Videos

Storytelling

Virtual Reading to Kids

Leaf Raking

Snow Shoveling

Learn More:

Patty Karr

Volunteer Coordinator

fhvc.csc@gmail.com

(785) 776-7787

<https://www.flinthillsvolunteercenter.com/csc/>



Connecting Students to Communities (CSC) is a program designed to provide volunteer opportunities and education to middle and high school students, as well as college students.

Middle and High School Students:

- Provide a wide array of volunteer opportunities in the Manhattan area
- Individual – you can now count any hours you do in helping others that you are not being paid for
- Group – we will continue to provide projects where we can safely volunteer in a group. Students will be supervised in a group of 2 or more individuals
- Family – many projects need a driver. This is a great way to do a project as a family. For example: If you want to help deliver meals, your parent(s) could drive, and you could take to the door.
- You can now enter your hours online for your individual volunteering (or family!) – or – you can email them to Cassidy
- We track all volunteer hours and can provide verification to teachers, colleges, employment, etc.

College Students:

- Opportunity to learn about the community in which you live
- Grow in your learning
- Gain real-world experience
- Receive volunteer hour verification for class assignments
- Build your resume

Volunteer Hours:

- Can be submitted online, by phone, or by email



Thank you to everyone who helped make Holidays at Home: a Festival of Trees event a booming success!

The numbers are in and we raised \$29,880. This money will help us continue to support our programs.

Thank You to our 2020 Sponsors

Presenting Sponsor

WTC Communications



Mistletoe Sponsors

Anderson Knight Architects
Capitol Federal

Bayer Construction
Manko Window Systems

Festival Friends

Shilling Construction Co., Inc. Community First National Bank
Florence Corporation PKMR Engineers The Trust Company
U.S. Engineering Company Civic Plus Hi-Tech Interiors, Inc.
Commerce Bank VonFeldt, Bauer, & Vonfledt, CPA's Olsson

In-Kind Sponsors

Flint Hills Moving Manhattan Town Center Target, Manhattan

Display Donors

Big Lakes Developmental Center Gaia Salon & Glo Spa Redi Systems
Family & Implant Dentistry Navy Federal Credit Union, Manhattan
Farm Bureau Financial Services' Manhattan Regional Office & its
Manhattan Regional Office Women's Inclusive Network

Community Support

Downtown Manhattan Flint Hills Discovery Center The Boutique
Bling Manhattan Brown's Shoe Fit J&C Imaging Danenberg Jewlers

Our Volunteers

Designers: Dale Anderson, Tara Jackson, Micky Jensen, & Steve Fisher
Festival of Trees Committee





Thank you



2020 Grant Donors

AmeriCorps/CNCS
Kansas Volunteer Commission
Greater Manhattan Community
Foundation
Konza United Way
Riley County Council on Aging
Kansas Health Foundation
Land of Kansas
Junior League of the Flint Hills
CAUMC Youth
Manhattan Optimist Club
Pi Beta Phi Foundation

Thank you!

Volunteer Opportunitites

January:

5th & 6th: Caregivers Newsletter; 9am-1pm, 401 Houston St
7th: Riley County COVID Testing; 11am-1pm & 5-7pm, Cico Park
15th: Harvesters; 3:30pm, Blue Valley Memorial UMC
19th: Harvesters; 9:30am, Cico Park
26th: Harvesters; 9:30am, Ogden Community Center

February:

1st & 2nd: Caregivers Newsletter; 9am-1pm, 401 Houston St
12th: Harvesters; 3:30pm, Blue Valley Memorial UMC
16th: Harvesters; 9:30am, Cico Park
23rd: Harvesters; 9:30am, Ogden Community Center

Ongoing Opportunities:

Golden Prairie Honey Farms every Tuesday from 2-4pm

Midwest Dream Car Collection is seeking volunteers to assist with providing a welcoming and safe experience for guests. Car knowledge not required!

Medical Transportation Drivers are needed to help take elderly and/ or disabled clients to medical appointments within Manhattan city limits.

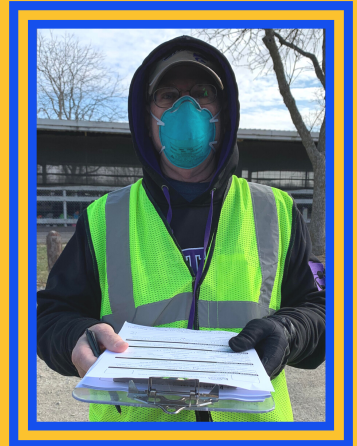
Cookie Brigade:

January 14th & February 11th

2nd Thursday of the month until further notice; cookies should be packaged in single-serving bags for easy distribution. Please bring cookies in to the office by 1pm.

Holiday Office Closures:

December 21st- January 3rd



*Welcome to
our 423 new
volunteers
who have
enrolled in
2020!*

Flint Hills Volunteer Center

2601 Anderson Ave Suite 200

Manhattan, KS 66502

(785) 776-7787

fhvcmhk@gmail.com



AmeriCorps Seniors, Kansas Volunteer Commission, YES! Fund, Konza United Way, Kansas State Pi Beta Phi, Riley County Council on Aging, Greater Manhattan Community Foundation, Kansas Health Foundation

Please help us raise \$30,000 to support our programs. Your support is appreciated!

- Gift in **Honor / Memory** of a loved one (to support on-going projects)

Name: _____

- General Contribution (recruiting/ placing individuals to impact the community)

- Contribution towards new initiatives: Suicide Prevention, Elder Justice, Opioid Abuse

My gift to the Flint Hills Volunteer Center is enclosed:

__ \$50 __ \$100 __ \$200 __ \$500 Other Amount \$ _____

Name: _____

Address: _____

City, State, & Zip: _____

Phone: _____ Email: _____

Make check payable to Flint Hills Volunteer Center and return to:
2601 Anderson Avenue Suite 200 Manhattan, KS 66502